







**Wednesday 9/21/11 – Read 1 Corinthians 3:1-3**

A new born baby does not immediately begin eating solid foods. A baby begins eating either milk or formula, and solid foods are not introduced until about 6 months. Even then, the baby is introduced slowly to foods that will easily dissolve in their mouth, like Cheerios and soft fruits. After a year is when the fun begins and a parent can finally start feeding the baby with little restriction. Ask yourself today where your relationship with Jesus stands. Are you still on milk, like a spiritual baby? Are you comfortable there? Or are you trying new foods; making the effort to grow in your relationship with Jesus? Perhaps some of the arguing and disagreements you experience are because you have not moved away from spiritual milk and on to solid food, which is a strong Biblical foundation. If you are still on milk, make it your prayer to move from milk to solid food. You will never fully comprehend God's word and His will if you don't move from spiritual infancy to adulthood.

Personal reflection and prayer:

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**Thursday 9/22/11 – Read Hebrews 5:11-14**

As a psychology major in college, the course Introduction to Psychology was my least favorite Psychology course! I really did not like it at all, and it played no part in me deciding to be a Psychology major. If I were to pick a favorite class, I would have to say that Abnormal Psychology would rank towards the top. Interestingly enough though, I would not have understood Abnormal Psychology without first having Introduction to Psychology. In fact, I was not even permitted to take Abnormal Psychology until I had taken the introduction course. There may be times in church that what the preacher is talking about doesn't seem to make any sense at all, or perhaps a Sunday School lesson goes right over our head. As older Christians (those who have been Christians for a long time), this should not be the case. While it is always okay to ask questions about something that is not understood, a person who has been a Christian for a long time should not find himself clueless about the Bible. Spiritual maturity is difficult to attain when one must continually revisit basic truths learned about in spiritual infancy. Solid food is for those who have trained themselves and prepared for it. Today, ask yourself a difficult question: Are you a spiritual infant even though you should be a spiritual teacher? Are you still in the Introduction to Psychology course even though you should be teaching it? Pray and ask God to reveal this answer to you, no matter how much you might not like what He says.

Personal reflection and prayer:

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